THANK YOU FOR CHOOSING ĈARE.

MCGRATH FOUNDATION IMPACT REPORT 2021/2022



A MESSAGE FROM OUR CEO,

Thank you most sincerely for choosing care this year. While the past few years have been characterised by challenge and uncertainty, the resilient spirit of the McGrath Foundation community has never wavered.

With your generous support, we funded 19 new McGrath Breast Care Nurses and 6 metastatic McGrath Breast Care Nurses across the country this year, meaning we now have 185 McGrath Breast Care Nurses providing care on a broader scale than ever before.

Because of donors like you, we were able to go a step further and announce our goal to fund 250 McGrath Breast Care Nurses by 2025 earlier this year. Your support is what brings us closer to fulfilling this commitment and achieving our mission of ensuring that no one goes through breast cancer without care.

It was certainly a personal highlight for me to announce our 2025 goal on International Nurses Day through a powerful mural depicting McGrath Breast Care Nurse, Jolyene Fletcher and her 26-year-old patient, Emily Quinlan. Beautifully designed by visual artist Sarah McCloskey, the inspiring work in North Sydney represents more than 20,000 Australians diagnosed with breast cancer each year and our McGrath Breast Care Nurses who support them throughout their experience emotionally, physically and psychologically, from the time of diagnosis and throughout treatment.

The mural was a timely reminder of what is at the heart of the McGrath Foundation – our nurses. With their phenomenal commitment, this year more than 12,500 breast cancer patients and their families nationwide had access to the vital care and support they needed. That is testament to the power of your support and we really could not do it without you.

Thanks to your support, the impact the McGrath Foundation has had over the past year has been exceptional. I feel privileged to lead the community of McGrath Breast Care Nurses who make such a difference to thousands of people across Australia every day, and the donors like you who make it possible.

As one in five people in Australia experiencing breast cancer will miss out on the vital support of a dedicated breast care nurse this year it is more important than ever to close the gap.

With your help, I know we can ensure that no one misses out on care.

Holly Masters CEO, McGrath Foundation



Our Virtual Pink Seats campaign at the Pinkest Ashes raised funds to support 3,400 families



Hosted 5 nurse learning and development workshops nationwide



250 nurses by 2025



10 new McGrath Breast Care Nurses funded in Queensland as well as an additional 9 new nurses nationally



THE IMPACT OF YOUR SUPPORT

Thanks to donors like you choosing care this year, together we've had an incredible impact on families experiencing breast cancer nationwide. It is predicted that more than 20,000 Australians will be diagnosed with breast cancer in Australia this year.

Your support brings us a step closer to achieving our mission of no one going through breast cancer without care.





new metastatic specialist nurses this year

6

More than 1,293 calls answered by the phone support line With 1 in 5 people experiencing breast cancer missing out on the support of a McGrath Breast Care Nurse this year, you are helping us towards our mission of no one going through breast cancer without care.

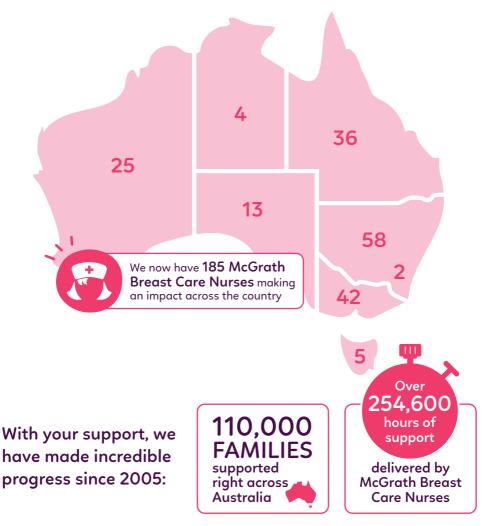
19 new McGrath Breast Care Nurses this year





WE COULDN'T HAVE DONE IT WITHOUT YOU

Your ongoing generosity means our network of nurses can continue providing invaluable care across Australia. Thousands of families now have the physical, psychological and emotional support of a McGrath Breast Care Nurse – for free.



AUSTRALIA IN FOCUS^{'-}

Our nurses are making a difference in communities across the country every day.

Through the work of the McGrath Foundation, 90% of women in Australia now live within 75km of a McGrath Breast Care Nurse, who provide families with the care they need to navigate a breast cancer diagnosis and their treatment.

MAKING A DIFFERENCE

¥

19 new McGrath Breast Care Nurses6 new Metastatic Breast Care Nurses12,551 patients supported this year110,000 patients supported since 2005

"Breast cancer can be just as much a mental challenge as a physical one and having that regular point of contact was invaluable. For me, receiving a diagnosis when I still had dependent children carried an extra set of worries. Even though I've finished active treatment, the anxiety is still there, so knowing I can still call my McGrath Breast Care Nurse at any point is reassuring."

Elisa Charles, Northern Beaches, about her McGrath Breast Care Nurse

Meet McGrath Breast Care Nurse

CLARE JOHN

Clare has been a registered nurse since 1994 and a breast care nurse since 2007. She joined the McGrath Foundation as a McGrath Breast Care Nurse in 2018. She helped establish Breast Cancer Interest Group NSW and is passionate about breast cancer awareness and early detection.

The most important thing Clare does for her patients and their families is provide information, support and continuity of care. Every day she makes a difference by empowering and educating patients to be informed and proactive in their treatment.

"Each person has a different support style, but I always bring it back to the patients. We involve patients in their treatment and empower them to make their own decisions. Before becoming a nurse, I didn't realise how much psychological support we provide. It's part of the human relationship – talking, creating connections and supporting them during challenging times."

OUR COMMITMENT:



GOAL 250

NOW 185

We've come so far since we launched the McGrath Foundation in 2005, thanks to the enduring dedication of people like you.

As the rate of breast cancer diagnoses increases, the ongoing need for specialist breast care nurses continues to grow, and many will miss out on the vital care they need.

Achieving our goal of funding 250 nurses by 2025 is more important than ever. And we need your help to get there.

We are committed to making sure that everyone facing breast cancer has the care they need. We know it is possible with the McGrath Foundation community behind us.

With your support we can achieve our mission and ensure that no one misses out on care.

To find out more, visit mcgrathfoundation.com.au/250nurses _(m)



(02) 8962 6100 Level 1, 32 Walker St, North Sydney, NSW 2060, Australia

@McGrathFoundation

mcgrathfoundation.com.au

FIND OUT MORE BY SCANNING BELOW



In the spirit of reconciliation, the McGrath Foundation acknowledges the traditional custodians of the lands on which we work and live. We pay our respects to elders past, present and emerging who have nurtured these lands and cared for each other for thousands of years. May we learn from their experience and be guided by their wisdom.