

PINK-TIONARY

Sometimes you need a little extra help to think pink, so we have compiled an A to Z list of event ideas to help you plan your McGrath Foundation Community Event.

It is easy to turn even the most basic activity into a fundraiser. A night at the movies can become a fundraiser if you increase the basic \$10 ticket price to \$20 dollars and donate the proceeds of ticket sales to the Foundation. Alternatively you can turn your local pub's weekly trivia night into a fundraiser by organizing an auction and asking for a gold coin donation at the door.

Be mindful of the group you intend to fundraise amongst. While a group of mothers will enjoy a High Tea, it is unlikely that a group of teenage boys will. Make your event enjoyable and entertaining and people are bound to get involved and have a great time.

If you don't want to host an event, consider embarking on a special journey or attempting something outrageous and asking friends, family and businesses in your local area for sponsorship.

Encourage sponsors to give generously by reminding them of the McGrath Foundation's objectives - to fund the placement of McGrath Breast Care Nurses in rural and regional Australia and to encourage breast awareness among young Australian women.

A	AUCTION quality prizes at a fundraising dinner; release your artistic side, create an ART EXHIBIT and donate a percentage of the ticket price to the Foundation; AQUATHON's are a fantastic way for kids to get involved.
B	Encourage your musical friends to perform at a BAND NIGHT ; Design your own BRA – buy white bras, have guests pay to decorate them during a lingerie party and donate the proceeds to the Foundation.
C	Let them eat cake – hold a CAKE STALL in your local area; compile the best recipes from among your friends and family to make a COOKBOOK for your friends and family and donate the profits to the Foundation ; Hold a game of CRICKET in your local community.
D	DYE or SHAVE your hair a radical shade of pink and encourage your boss or school principal to get in on the fun; If you are having a birthday or anniversary celebration, consider asking guests to give DONATIONS to the McGrath Foundation in lieu of a present; Hold a DANCEOFF and charge a fee to enter the competition.
E	Hold an EAT-A-THON ; An EGG AND SPOON race could be a hit at your local fete.
F	Get your friends together and approach local clothing stores to see if they will donate clothes to a FASHION SHOW ; Organise a FUNRUN in your local park.
G	Invite your friends to a GARDEN PARTY , GOLF DAY or GENTS BALL ; You may want to sell your old junk at a GARAGE SALE and donate the proceeds.
H	Host a HIGH TEA ; Have a HIPHOP Competition; Offer your services as a HANDYMAN to your friends and family and ask for donation instead of

	payment.
I	Host an INTERNATIONAL FOOD FESTIVAL – give a percentage of the entry fee to the Foundation and have volunteers selling wristbands throughout the event; IDOL for a day – have a singing competition in your workplace.
J	Organise for the proceeds of a JUMPING CASTLE at a community event to be donated to the McGrath Foundation; JOKE with your friends at a comedy night.
K	Embrace your adventurous side and walk the KOKODA TRAIL or MOUNT KOSCIOSKO ; KING FOR A DAY – have a medieval fair and donate the proceeds to the Foundation; take your friends to KARAOKE and donate a percentage of the ticket price to the Foundation.
L	Host a LADIES LUNCH ; Give your beauty day a twist with the LIPSTICK CHALLENGE – blindfold three guests and have them give three other guests a makeover. You will definitely get a laugh from the results.
M	Have a MUFTI DAY at your office or school; Book out a MOVIE THEATRE and sell tickets for \$20 – donate the profits to the McGrath Foundation; Host a MORNING TEA ; Invite your friends to a MURDER MYSTERY PARTY .
N	Hold a NIGHT MATCH of your favorite sport ; a NOVEL IDEA – start a book club and donate a percentage of the membership to the Foundation.
O	OLD FASHION DAY – Chose your favourite era and theme a day around this period; A night at the ORCHESTRA – organise an elegant evening with beautiful music.
P	Get your friends together for a PUBCRAWL ; PRETTY IN PINK – dress in pink at work or school; PUTT-PUTT is a great way to get kids involved.
Q	Hold a QUIZ ; Hold a QUICKDATING night and contribute a percentage of ticket sales to the Foundation.
R	RAFFLE ; Host a ROUND ROBBIN SPORTS CARNIVAL .
S	Banish bad words – contribute the donations of an office SWEAR BOX to the McGrath Foundation; Host a SLEEPOVER or SLEEPOUT with your friends.
T	Host a TRIVIA NIGHT and find out which of your friends is the smartest; Donate the proceeds of your TIP JAR to the Foundation.
U	Participate in the ULTIMATE UNDIE CHALLENGE - spend a day with a pink bra and undies on the outside of your clothes and have friends and family sponsor you for your efforts.
V	For the VAULT – have people pay to contribute items to a time capsule to be opened in ten or twenty years time.
W	McGrath Foundation WRISTBANDS are a funky fashion accessory which can be sold at garage sales, in offices, at your store or school; get your legs moving and have people sponsor you to WALK ACROSS YOUR STATE .
X	Discover who has the X-FACTOR by organizing a talent quest and donate the entry fee to the Foundation.
Y	YOGATHON – encourage your friends to embrace a healthy lifestyle in a day of yoga and relaxation and ask for donations throughout the day.